



MR STEWART LEE

ADENOIDECTOMY

Hospital discharge may be the day of surgery

PAIN

Pain is usually mild and persists for (1) week. Regular paracetamol or Nurofen should relieve the pain

EARACHE

Ear ache may be referred from the back of the nose. This will settle in one to two (1-2)days. Prolonged ear pain should be reported to your doctor

DISCHARGE

Blood stained or mucous discharge may occur over the first week. If the discharge persists report this to your doctor. Your child may develop an unpleasant odour from the nose. This can be helped with saline washes or mouthwashes.

NOSE BLOWING

DO NOT blow the nose – *wipe only* – for the first week after surgery

Please call if you have any queries on: 9817 4366